
CHOOSE YOUR OWN ADVENTURE!

As a New Year's resolution get ready for the next FWP IDP
Brown Bag to be held in January!

Admittance requires YOUR personal self-assessment.

Create expectations for yourself by developing a
personal goal statement and a **professional**
goal statement.

The Federal Women's Program is here to help!

<http://www.wff.nasa.gov/FWP/>

Training Subcommittee contacts:

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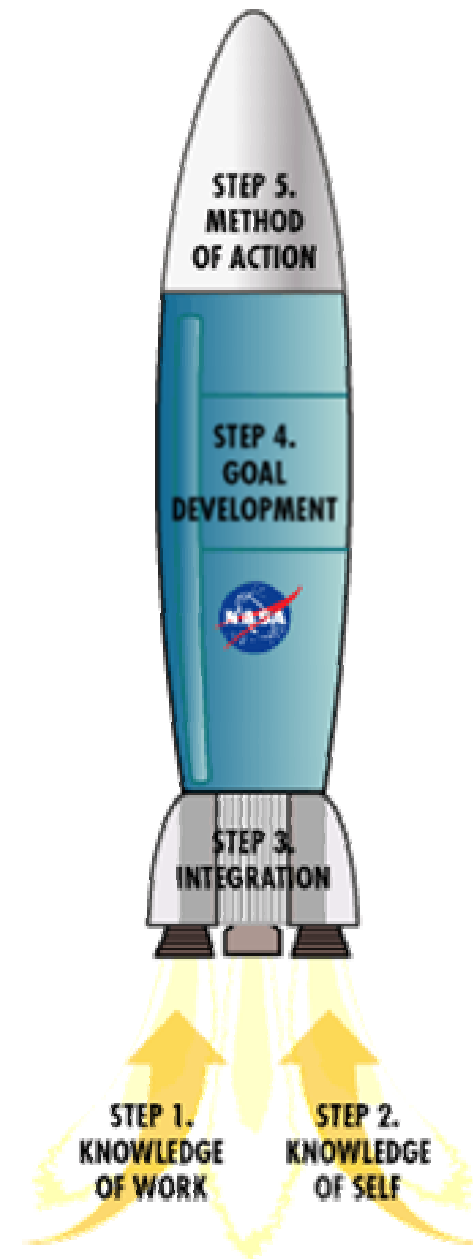
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YOUR ADVENTURE BEGINS HERE...

Steps in Individual Development Planning



IDP Forms can be downloaded from:

http://ohr.gsfc.nasa.gov/career/pa_idp.htm

**For more information on Individual
Development Plans
please contact:**

Laura Cochran at 301-286-5166

Sherry Tharpe at 301-286-6533

**For more information on Career
Development please contact:**

Nichole Richmond at 301-286-5757

Tracey White at 301-286-7823

Career Coaches at 301-286-5794

Contact Tracey White to schedule an
appointment with a Career Coach

Visit the OHR website:

<http://ohr.gsfc.nasa.gov/career/home.htm>

Resources for Mentoring Programs

Formal Programs

Goddard Mentoring Program

Contact Mark Goldman at 301-286-8852

or visit these websites:

<http://ohr.gsfc.nasa.gov/DevGuide/DevPrograms/Mentor/mentor.htm>

http://bmic.gsfc.nasa.gov/Training/train_mentor.cfm

Professional Intern Program

Contact Mark Goldman at 301-286-8852

or visit our website at:

<http://ohr.gsfc.nasa.gov/DevGuide/DevPrograms/pip/home.htm>

**Flight Programs and Projects Directorate,
Code 400 Mentor Program**

<http://fpd.gsfc.nasa.gov/cd/mentors.html>

Women of NASA online mentoring program

<http://quest.arc.nasa.gov/women/recruiting/rec.intro.html>

Informal Programs

**New Employee Welcoming Board (NEWB)
Buddy program**

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